EUROPEAN ATHLETICS RISING STAR

Men

Karsten Warholm NOR (multi-events): Won the boys octathlon at the IAAF World Youth Championships, finishing just 40 points short of the world youth best.

Wilhem Belocian FRA (110m Hurdles): Improved the European junior record for 110m hurdles with his 13.18 when winning at the European Athletics Junior Championships.

Adam Gemili GBR (sprints): Still just 19, he won the European Athletics U23 Championships 100m and then ran a 19.98, the second fastest ever European U23 time, in the 200m semi-finals at the IAAF World Championships before finishing fourth in the final.

Aleksandr Ivanov RUS (20km walk): Just 20, he was the IAAF World Championships gold medallist, the only man in the sweltering conditions to set a personal best when he won in 1:20:58.

Timofey Chalyy RUS (400m hurdles): Set a European Athletics Junior Championships record of 49.70 with a Russian junior record of 49.23, the equal second fastest ever European junior over the barriers.

Emir Bekric SRB (400m hurdles): Won at the European Athletics U23 Championships and then finished third at the IAAF World Championships in a national record of 48.05, the second fastest European U23 time ever.

Eusebio Caceres ESP (long jump): Won at the European Athletics U23 Championships, where his winning mark was a championship record as well as the best by a European U23 for six years, and finished fourth at the IAAF World Championships.

Ali Kaya TUR (distance running): Won a 5000m and 10,000m double at the European Athletics Junior Championships, with a championship record over the longer distance.

Pierre-Ambroise Bosse FRA (800m): Won at the European Athletics U23 Championships and made the final of the IAAF World Championships. His 1:43.76 in Monaco moved him up to fifth in the European U23 all-time list.

Dmitry Tarabin RUS (javelin): Still only 21, he won at the World University Games, and finished third at the IAAF World Athletics Championships.

Valery Pronkin RUS (hammer): The only European junior over 80 metres this year, his 80.70m places him sixth on the European junior all-time list and he was a relatively comfortable winner in Rieti.

Yevgeniy Likhanov RUS (multi-events): Dominated the European Athletics Junior Championships decathlon and won with a personal best of 7975 points to go sixth on the European junior all-time list.